



QUIZ: How to Perform Rear Naked Choke Hold

VIDEO: How to perform Ras Butten's Rear Naked Choke Hold

1. Step 1 is:
 - Put throat straight into the crease of your elbow.
 - Start with right hand under the right ear, then slide it under and around the jaw until the crease of your elbow is at the throat.

2. Step 2 is **SLIDE ALL THE WAY THROUGH**. Step 3 is:
 - Pull straight back to collapse the windpipe.
 - Grab your **LEFT** bicep.

3. Bend **LEFT** arm, putting **LEFT** hand against back of head.
 - True
 - False

4. Step 4 is not clear in the video. Choose the only right answer:
 - Squeeze/Fold Right forearm **TOWARD** the right upper arm and pull shoulders back.

2. This method of "Choke Hold" is the **ONLY** method we endorse. Causing a dog to pass out like this is referred to as:
 - BLOOD** Choke - restricting blood flow
 - AIRWAY** Choke - restricting air flow

NOTE: PERFORMING a choke hold on a dog is NOT REQUIRED to be on staff at Play N Stay Pet Camp.

KNOWING HOW to do it IS required. The decision you make to use the knowledge or not use it, in a moment of chaos/bite and hold, is entirely yours. In Jessica and Vanessa's opinion, it is the SINGLE BEST WAY to extinguish a dangerous bite and hold, without pulling, yanking, shaking, screaming. This move is 100% SILENT. Do not attempt this on a scuffle.

Date: _____ Employee: _____ Trainer: _____