

GET IT STOPPED!

GET INVOLVED!
TURN IT DOWN!
SLOW IT DOWN!

THE BASE OF THE TAIL
CAN BE A GREAT
INDICATOR
OF AROUSAL
LEVELS.

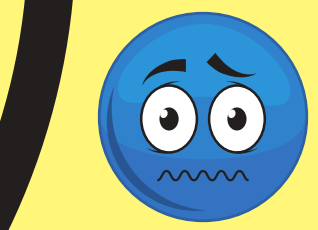
HERE'S WHAT
TO DO!



Best DAY ever!



TO DO!



4 I'M FEELING
WORRIED



I'M 5
FEELING UNSURE.

HELP ME FEEL
CONFIDENT!



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